



Alliance for the Betterment of
Citizens with Disabilities

Empowering People: Providers Shaping Policies

Adults with IDD Need Opportunities to Attain, Keep and Improve Skills and Functioning for Daily Living

Make Habilitative Therapies Sustainable in Day Programs 50% Rate Increase¹

Many adults with IDD have complex and multiple body system impairments and limitations. Access to physical, occupational and speech language and hearing habilitative therapies throughout their adult life, helps to attain, preserve, and improve skills and functioning for daily living and full community participation. Habilitative care in the natural environment of the day program, not only provides access to professionals who have experience and knowledge in the treatment of people with IDD but also improves outcomes through ongoing implementation and training to ensure continuity of generalized skills. Regrettably, day programs are unable to sustain these services because rates have become irrelevant as to be meaningless in today's economy. *"We were the 41st agency she (support coordinator) had contacted to find these services for their client."* ² True access requires that reimbursement rates be based on existing standards. Otherwise, the rates are just a bunch of numbers, with a code on a rate list, inadvertently perpetuating IDD's marginalization.

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¹ ABCD Policy Paper. *Clinical Services and Day Habilitation*. August 2023. www.abcdnj.org

² Ibid.